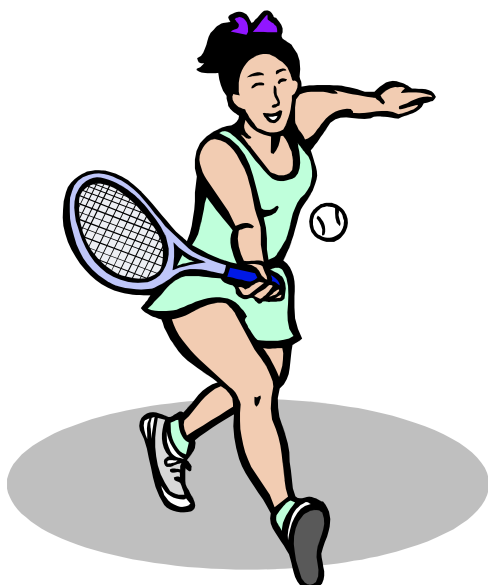


Improve Your Game



PRACTICE SESSIONS

**Tuesday Nights
8 p.m. to 10 p.m.**

- Where:** UQ Tennis Courts
Check in on the Clubhouse verandah just before 8 p.m.
- Cost:** \$8 per session for UQ Tennis Club members
\$12 per session for non-members
- When:** 8 p.m. to 10 p.m. on Tuesday Nights
- Who:** All levels (Beginners to Advanced)

What is provided? Balls, courts and a program designed to help you improve your skills. The program now utilizes a Lobster ball machine.

What will I practise? Drills will be run on different courts, covering all aspects of the game including backhand, forehand, volley, serve and overhead.

Do I have to pre-register? No. Just check in on the night.

What happens at 10 p.m.? Courts will be available from 10 p.m. to 11 p.m. for anyone who wants to continue playing.

Can I come late or leave early? Yes, but the cost will still be \$8 or \$12.

***Will coaching be provided?* No. The UQ Tennis Centre Pro Shop has some great coaching programs (Phone 3365 6933, E-Mail tennis@uqsport.uq.edu.au).** The aim of this program is to put into practice what you have learnt from coaching. Employing coaches would result in increased costs and less time hitting balls.

Why come along? It's a chance to work on that shot that has always troubled you or regain some confidence after a lay-off. This is a great opportunity to experiment and challenge yourself to become a better player without the pressure of playing Fixtures.

N.B. Parking fees apply on the UQ St Lucia Campus Monday to Friday from 7 a.m. to 9 p.m.

* There will be no Practice Sessions on 23 & 30 December 2008 and 6 January 2009 because of a Christmas / New Year break. The Practice Sessions will resume in 2009 on 13 January.



UQ Tennis Club

Phone 3371 4974

E-Mail admin@uqtc.org.au

Website www.uqtc.org.au